



Post-Surgery Rehabilitation and Care

At The Legacy at Home, we've found that one of our most utilized services is post-surgery rehabilitation and care performed in the home. The majority of clients we see requiring post-surgery rehabilitation and care in the home have undergone some sort of orthopedic surgery, and for this reason The Legacy at Home works with a number of orthopedic surgeons in order to get the best results and the highest level of satisfaction for our clients. Often, older adults may have trouble making trips to an outpatient rehabilitation clinic after surgery, and The Legacy at Home plays a pivotal role in bridging the gap between a hospital stay and outpatient rehab.

The Legacy at Home Approach

The Legacy at Home's certified and licensed home health care specialists take a comprehensive approach to post-surgery rehabilitation and care, beginning with evaluations that are designed to give the clinician a more complete picture of what needs to be done to help the client. We check on the home to determine if it is safe and clean, whether the client can get up and down the stairs or not, whether they have the proper safety equipment installed in the home, and other factors that may impede rehabilitation or present a danger to the client.

The Legacy at Home also performs physical, psychological and mobility evaluations in order to equip clinicians with the information necessary to move forward and proceed with therapy or to recommend changes, such as adding safety devices or swapping the model of a walker or wheelchair to fit doorways. Additionally, the clinician will take stock of all the medications prescribed to the client, first making sure that there will be no adverse side effects or interactions, and then they carefully explain to the client what each medication is, how it should be taken and how often it should be taken.

In most cases, The Legacy at Home approaches rehabilitation in the home by providing two to three weeks of intensive physical therapy. The goal, after all, is to help clients heal and get back to the level of function and independence as they had before the surgery, and to get them there as quickly as possible. This is a bit of a departure from the old model of rehabilitation in the home, in which patients were slowly nursed back to 100 percent, and we believe it is a better model. The sooner patients can resume living their daily life as they did before the surgery the better.

Service That's a Level Above the Rest

Another facet of The Legacy at Home that elevates our level of service over our competitors is the fact that 95 percent of our clients are seen by one of our own employees. A number of our competitors in the home health care market contract the actual therapy to third-party agencies. The reason this is so important is because by using our own employees, we are better able to match up the best clinician for

any given client. Many of our employees specialize in certain disciplines, or have more experience with certain injuries, making them better candidates to assist clients with particular needs. Often the relationship between clinician and client comes down to personalities as well, and The Legacy at Home always tries to match clients with a clinician who has a similar or complementary personality and disposition.

Whether a client eventually transitions to outpatient rehab or decides to stick with The Legacy at Home for the duration of their rehabilitation, we are dedicated to providing the best service in order to get the best results for every client, every time.